



Rudaina Foundation

Giving Birth to a Better Tomorrow

With your Contribution, Rudaina Foundation can provide pregnant women across Canada with the following programs!

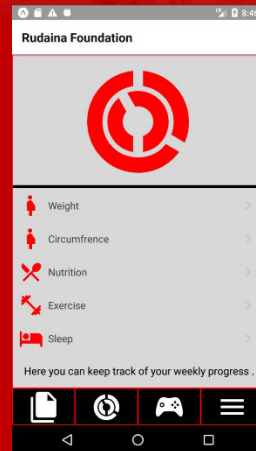
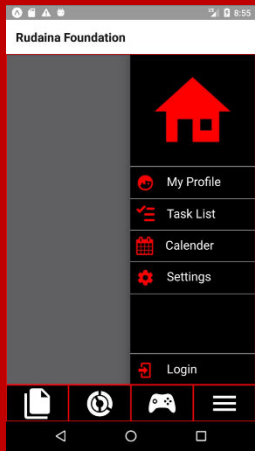
Our Life Basket Program delivers packages to low income, vulnerable or indigenous women every trimester. These baskets are filled with items and information intended to strengthen the mental health and environment of the woman.

Life Basket Program



Pregnancy Support Program

Our Pregnancy Support App will allow pregnant women around the world to not only track all their medical documents between hospital visits, but allows a pregnant woman to track 5 key parameters (Sleep, weight, exercise, circumference, and nutrition) of their pregnancy to help prevent any pregnancy related complications.



Community Program



Our Community Program introduces professionals like registered nurses, nutritionists, doctors, midwives and therapists to an online message board available for instant access to our beneficiaries.

Thank You!